Psychology 47
Group Counseling in Human Service Program
Fall 2004

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Class hours:  Thursdays 12:30-3:30 p.m.  
Class Location:  Holt 245

Catalog Description:  Review of group counseling methods with an emphasis on an eclectic approach to group facilitation.  Learning is derived from experiences in simulated group interaction and from subsequent analysis with the instruction and peers.  Participants learn to identify personal style as a group leader and describe modifications needed in group facilitation techniques. The participants learn to use his/her relationship with clients to develop the alliance for necessary change.

Required Text:  Corey, Marianne, Group Process and Practice 

Objectives
• To understand the types and purposes of a range of groups
• To understand the stages of effective groups
• To experience the group process through in-class group
• To become knowledgeable about legal and ethical issues concerning groups and be able to integrate and apply in practice
• To become familiar with the major models of group counseling and appropriate application in the work setting

Requirements
• Attendance and participation are important to learning. Participation will be counted as 25 points. Participation includes paying attention to instructor, fellow students and guest speakers. Private conversations with others in the classroom are rude and distracting. Students who persist in talking with neighbors will be asked to hold their conversations outside.
• Please arrive on time and stay until the class ends. Late arrival can be counted as an absence and will be noted.
• Four tests and a final exam will be given. There is not enough lecture time to cover the chapters completely. Therefore, you will, unless instructed otherwise, be responsible for the entire content of assigned chapters. Exams must be taken on designated dates and times. They may not be taken late. No make-ups will be available.
• Two research papers will be due (late papers will not be accepted). Each paper is worth 50 points. See instructions on page 3.
• Homework assignments will count as 5-10 points each. No late homework will be accepted.
• Optional: Class presentations may count as extra credit. Students may also arrange for guests who can speak on topics related to the class. Be sure to discuss topics/presenters with the instructor IN ADVANCE. Extra credit cannot exceed 10 points.
Grades

90% - 100% = A
80% - 89% = B
70% - 79% = C
60% - 69% = D
0% - 59% = F

THERE ARE NO MAKE-UP TESTS NOR LATE PAPERS ACCEPTED REGARDLESS OF THE REASON: GREAT OR POOR! PLEASE DO NOT ASK FOR SPECIAL TREATMENT REGARDING THE FOREGOING.

Obligation of the Student:

• Read scheduled material ahead of class.
• Participate in class discussion, exercises and group activities.
• Respect all students and the Instructor. Be courteous to people with different perspectives and values. Disrespect or discourtesy is grounds for dismissal from class on a day-to-day basis.
• Personal issues might be mentioned; maintain confidentiality of the class.
• Give your full attention to the instructor or student who is speaking: DO NOT talk or have side-conversations during lecture.
• Turn off cell phones, pagers or watches so they don’t go off in class. Leave the room and do not return until the next class if you must answer your phone or pager. Notify the instructor of emergency situations before class.
• You are responsible for all materials presented and assignments made during an absence. Please do not call the instructor to ask for complete content that you missed. Find a “Study Buddy” or two in the class that you can call and get notes from.
• Arrive on time. Late people disrupt the lectures. If you do come late, do so quietly and go directly to your seat. Do not talk to others if the instructor is lecturing and do not walk up to turn in assignments because they will already be late. Habitual late comers will be counted absent and may be dropped. Time for tests beyond the regular class hours will not be given to late arrivals. Quizzes or portions thereof missed by lateness cannot be made up.
• Cheating and plagiarism are prohibited. It is the student’s responsibility to remain above suspicion by not talking during exams, looking in the direction of others taking exams, using cheat sheets or copying other’s work, including homework. Report anyone using your work to avoid being implicated. Judgment of violation of any of these criteria belongs solely to the instructor. Proof of cheating is not required. Suspicion is enough for the following sanctions:
  1. Forfeiture of points and/or grade on that test or assignment.
  2. Zero points will count toward student’s final grade but all points possible will be counted.
  3. Automatic suspension from class until meeting with the instructor.
  4. The Vice President of Student Services may be petitioned for a three-session suspension.

Do not ask for exceptions to the policies in this information outline. They are unfair to others.
NOTE: Violation of any of these rules is cause for immediate dismissal and suspension from class. The instructor may suspend students on a day-to-day basis and require them to meet with the instructor prior to allowing them to return to class.

Guidelines for Research Papers

Length should be approximately 2-4 pages, typed, APA style and double-spaced in a plain 12 pt. Font. Do not put your report in a folder. It is important that the writing reflect understanding of the core concepts, not simply parroting the text or instructor. Acceptable topics include applying concepts from text, instruction, or classroom discussion to a “real-life” or hypothetical situation. You will need to include all the stages of the specific group or situation that you are discussing. You need at least four references.

Class Rules
• Turn off cell phones and pagers or set them to silent mode. If a student has a legitimate reason to be available by phone (i.e. a sick child) he/she should inform the instructor and sit near the door. If a call comes in please take it outside the classroom.
• Eating and drinking in the classroom are prohibited by the college. Smoking is allowed in designated areas only. Please respect these rules.

Note: The instructor reserves the right to change or alter the schedule or these plans if, in her professional judgment, it is necessary.
<table>
<thead>
<tr>
<th>DATE</th>
<th>TOPIC</th>
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| 8/19   | Overview of course  
Intro to group types and purposes  
Multicultural/diversity  
Ice breakers activity  
Chapters 1 and 2 |
| 8/26   | Common concerns about beginning helpers  
Best Practice guidelines  
Ethical and legal issues  
Ethical Activities  
Chapter 3 |
| 9/2    | Forming a group  
Pre group issues  
Screening  
Chapter 4  
Starting a group activities  
Group video |
| 9/9    | **TEST #1**  
Initial stage of a group  
Group goals  
Leader role  
Chapter 5  
Activities  
Group video |
| 9/16   | Transition stage of a group  
Problem behaviors  
Leader role  
Activities/Role Playing  
Group video |
| 9/23   | **RESEARCH PAPER #1 DUE**  
Working stage of a group  
Use of homework  
Chapter 7  
Homework activities  
Group video |
| 9/30   | Ending a group  
Chapter 8  
Group video |
10/7  **TEST #2**  
Groups with children and adolescents  
Chapters 9 and 10

10/14  Groups for adults and elderly  
Psychodrama approach to group  
Chapters 11 and 12

10/21  Psychoanalytic/Adlerian approaches to group

10/28  **TEST #3**  
Role playing activity

11/4  Person-centered approach to group  
Role playing activity

11/11  **RESEARCH PAPER #2 DUE**  
Existential approaches to group  
Role playing activity

11/18  **TEST #4**  
Gesalt approach to group

11/25  **HOLIDAY**

12/2  Behavioral approaches to group  
Cognitive Behavioral approaches to group  
REBT with groups

12/9  Reality approach to group  
Review for Final

12/16  **FINAL**

*Schedule is tentative and is subject to change at the instructor’s discretion.*