CLASS INFORMATION SHEET

Semester:  Fall 2004

Instructor:  Pamela J. Johns, M.S., MFT - Phone:  (209) 954-5886 ext. 4123

Department & Number:  Psychology 1  Title of Course:  Introduction to Psychology

Lecture Hours:  Mondays, 6:30 - 9:30 P.M. - Tracy Learning Center

Course Description:  Introduction to the scientific study of behavior through an exploration of the major concepts and research in the field of psychology. This course will provide the basic foundation for more advanced courses and is Associate of Arts Degree appropriate.  (3 units, UC, CSU)


Other Materials:  5 Scantron forms (#882-E) and #2 pencil.

PURPOSES AND GOALS OF THE COURSE

{ To understand and master the terminology and concepts related to the field.
{ To provide a broad coverage of the field of psychology and introduce the student to the theories and research that constitute the discipline.
{ To become aware of the contributions of some of the leaders in the field of psychology.
{ To encourage the student to think critically about psychological phenomena, especially in regards to controversial issues and issues that have an impact of their everyday lives.
{ To make the student aware and respectful of the diversity within the field and society by presenting material that addresses cultural, gender, racial, and ethnic issues.
{ To arouse curiosity in the student about the world around them and to inspire an appreciation of how psychology can increase their understanding of that world.

GRADING KEY

Exams:

Each exam (100 pts. each) will cover six modules from the text. You are responsible for the entire content of assigned modules, even though there is insufficient lecture time to cover the modules completely. The lowest score out of the four exams will be dropped. If you miss an
exam, it will automatically be the one that is dropped, thus avoiding the need for make-up exams. No other make-up exams or extra credit will be available. (300 points)
The comprehensive final covers all of the 24 modules and is mandatory. (100 points)

Debate/Discussion Paper:

You will be required to write a debate/discussion paper, 2 full pages in length, typed, double-spaced, using at least two outside sources - only one from the internet), which will be used in a classroom debate/discussion. (50 points)

Final Project and Presentation:

You will be required to write a paper that explores a specific area of psychology beyond what is covered by the textbook. Ideally the paper should be current, informative, and of interest to a population composed of college students. The paper must be a minimum of 5 full pages in length, typed, double-spaced, with a minimum of three outside sources documented according to a modified APA style (a handout will explain). No more than one internet source is to be used and it must be printed out and submitted in its entirety with your paper. (100 points)

In conjunction with the paper, you will be required to present the most interesting points of your paper to the class in a manner that would engage the attention of an audience. You must bring a visual aid (poster, handouts, demonstration, transparencies, etc.) in order to receive full credit. The time allocated for your presentation will be 5 to 7 minutes, with points being lost for presentations that fall outside of limits. (50 points)

Attendance:

You are expected to attend all class meetings and are responsible for any information given at those times. In order to reinforce those who attend regularly, 2 bonus points will be added for each regular class meeting attended. Does not apply to students who are late or who leave early.

Late Penalties:

A 10% penalty will be assessed on required assignments submitted 15 minutes after the start of class and 10 % more for each additional class day that the assignment is late. Once two subsequent class days have passed, you will receive a "0" for the assignment.

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<thead>
<tr>
<th>Tests</th>
<th>Points Possible</th>
<th>My Score</th>
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<tbody>
<tr>
<td>1</td>
<td>100</td>
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<tr>
<td>2</td>
<td>100</td>
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<td>3</td>
<td>100</td>
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<tr>
<td>4</td>
<td>100</td>
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<tr>
<td>Comprehensive Final</td>
<td>100</td>
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Out of the four regular exams, only your three best exam scores are retained, allowing for a maximum of 300 points on exams. If you miss a regular exam, that will automatically be the one that is dropped, thus avoiding the need for make-up exams. The comprehensive final is mandatory.
Debate Paper 50

Final Project

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<tr>
<th>Component</th>
<th>Points</th>
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</thead>
<tbody>
<tr>
<td>Paper</td>
<td>100</td>
</tr>
<tr>
<td>Presentation</td>
<td>50</td>
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Attendance (extra credit) 2 per class

TOTALS: Your Points _________ divided by Points Possible (600) = %

Minimum requirements for grades are based on 90% = A, 80% = B, 70% = C, 60% = D. Percentages are not rounded up.

Point Breakdown:
A = 540 - 600 points
B = 480 - 539 points
C = 420 - 479 points
D = 360 - 419 points
F = 359 points or below

NOTE: It is the student's responsibility to officially withdraw from class if not attending, otherwise the student may receive a grade of "F". Nov. 16 is last day to drop with a “W”

ASSIGNMENTS / CLASS SCHEDULE

Aug. 16 Explain Course Requirements; Lec. Mod. 1 & 2; Assign "Brain Game"
Aug. 23 Lec. Mod. 3 & 4; Exercises: "Neural Impulses" & "Brain Game"
Aug. 30 Lec. Mod. 6 & 7; Video - The Living Clock (46 min.); Assign "Dream Exercise"
Sep. 13 Finish Lec. Mod. 7; "Dream Exercise"; Assign Debate Papers; Exam #1 (Modules 1, 2, 3, 4, 6, & 7)
Sep. 20 Lec. Mod. 8 & 9; Video - Hypnosis - Primetime Live (12 min.)
Sep. 27 Lec. Mod. 10; Begin Lec. Mod. 11 & 12
Oct. 4 Finish Lec. Mod. 11 & 12; Begin Lec. Mod. 13; Debate (Debate Papers Due)
Oct. 11 Finish Lec. Mod. 13; Exam #2 (Modules 8, 9, 10, 11, 12, & 13)
Oct. 18 Presentations; Lec. Mod. 14 & 15; Video - Anorexia and Bulimia (20 min.); Debate Papers Returned
Oct. 25  Presentations; Lec. Mod. 16 & 17; Gender Roles; *Video - Scared Silent* (45 min.)

Nov. 1  Presentations; Lec. Mod. 18 & 19; Exercise: "Defense Mechanisms"

Nov. 8  Presentations; Lec. Mod. 20 & 21; Exercise: "Relaxation Exercise"; Exam #3 (Modules 14, 15, 16, 17, 18, & 19)

Nov. 15 Presentations; Lec. Mod. 22; *Video - Case Studies on Schizophrenia and Bipolar Disorders* (35-66 min.); Final Papers Due

Nov. 22 Presentations; Lec. Mod. 23; Exercise: Psychopathology and Famous People

Nov. 29 Presentations; Lec. Mod. 24 & 25; *Video - Live Demonstration of Rational-Emotive Therapy with Albert Ellis* (60 min.)

Dec. 6  Presentations; Finish Lec. Mod. 25; Exam #4 (Modules 20, 21, 22, 23, 24, & 25); Final Papers Returned

Dec. 13 Comprehensive Final Exam: 6:30 to 8:30 P.M.

**Note:** It is the student's responsibility to refer to the schedule concerning due dates for assignments and exams.

**CONDUCT**

- **Respect other students and instructor.** Be courteous to people with different perspectives and values. Comments of a derogatory nature or behaviors that constitute harassment of any kind will not be tolerated.

- **Arrive for class on time.** Late people disrupt the lectures. Habitual late comers will be counted absent and may be dropped.

- **Be attentive.** Do not do other class work or talk to your neighbors during lectures. While a relaxed atmosphere is encouraged in class, especially during group activities, students should be respectful when the instructor is lecturing or other students are speaking.

- **Do not leave early** or you will likely lose attendance points for the evening. Credit for attendance will be given only if you are present for the entire evening.

- **No smoking, food, or beverages in the classroom.** When disposing of trash, please be considerate of the custodial staff and do not throw trash on the floor and/or overfill the wastebaskets in the classroom.

**Consequences for misconduct:**

- **1st Infraction:** Verbal warning from instructor.

- **2nd Infraction:** Removal from class for remainder of class period.

- **3rd Infraction:** Removal from class for two consecutive class meetings.
Cheating and plagiarism are prohibited. Consequences for these behaviors may include:

A failing grade for the assignment.

A failing grade for the entire course and/or other grade penalties.

Referral to the Vice President of Student Services for further action which may result in suspension from the class and/or one or more school terms.