



TOOLS TO SUCCEED

A workshop series hosted by
the S.J.D.C CalWORKs Program
2007/2008

Date	Topic
Tuesday, September 18, 2007	<p>Affordable Housing & Homeownership Programs In search of affordable housing? Want to know more about tenant & landlord rights and responsibilities? Learn about homeownership programs available through the City of Stockton and what steps you can take toward becoming a homeowner.</p>
Tuesday, October 9, 2007	<p>Dress for Success Linda Lawrence from Wellness WORKs will discuss on how “looking the part” plays a great role in getting hired and promoted. Her presentation will consist of a slide presentation, image presentation, personal appearance and grooming techniques.</p>
Tuesday, November 13, 2007	<p>Money Management By Design Financial Solutions will provide information on how you can improve your financial situation by understanding budgeting, credit and debt management.</p>
Tuesday, January 22, 2008	<p>Testing Anxiety Does your heart start to beat a little faster before a quiz, midterm, or final? Do you blank out when your teacher hands out the test? If so, come to the Test Express Workshop. This workshop is designed to provide you with the test-preparation and test-taking skills you need to conquer your test anxiety.</p>
Tuesday, February 19, 2008	<p>Overcoming Obstacles Are you trying to succeed, but it feels like every person, place and thing continues to get in your way? Overcoming obstacles is an interactive workshop designed to provide tools to move unwanted obstacles out of your way. This workshop will empower and motivate you!</p>
Tuesday, March 18, 2008	<p>Parenting: Raising Stress Free Children Emotional development and maturity are necessary. They are required to prevent unhealthy behaviors and prepare children for fulfilling personal lives and productive employment. This presentation will inform parents on how to assist children to develop their emotional intelligence & become resilient.</p>
Tuesday, April 8, 2008	<p>Family Legal Issues Part I: Family & Domestic Abuse Learn about the causes of violence in relationships and the programs available to help stop the cycle.</p>
Tuesday, April 22, 2008	<p>Family Legal Issues Part II: Custody & Support and Divorce The Office of the Family Law Facilitator & SJC Child Support Division will provide information on services available to assist with divorce, modification or court orders for custody, visitation, and procedures related to child support.</p>

Invest some time...in yourself!



All workshops are held in the Mustang Room,
Danner Hall
from 1:00 p.m. to 2:30 p.m.

Seating is limited. Please call 954-5776 or 954-5404 to SIGN UP!
Dates and times are subject to change.