

**2006 - 2007 CERTIFICATE CHECKLIST - Student Version**  
**Fitness Specialist**

Name (last,first):

Student ID: \_\_\_\_\_ Date: \_\_\_\_\_

Indicate "Status" as: IP = In-progress, ✓ = Completed

**Course Substitution Forms (if applicable) must be submitted with this checklist.**

**Did you complete any of these classes at another college? \_\_\_Yes \_\_\_No**

All courses must have a grade of "C" or above. A minimum of 12 or two-thirds (whichever is greater) of the required units of the specific subject matter must be completed at San Joaquin Delta College. Units earned through Credit by Exam do not apply.

Minimum units required = 19.0

		Units	Status
H ED 31	Emergency Response	3.0	
PE 42V	Theory & Application of Weight Training	2.0	
PE 45	Special Project: Physical Education	2.0	
PE 48	Exercise Science	3.0	
PE 49	Psychology of Sports	3.0	
PE 50	Nutrition for Fitness & Sport	3.0	
PE 51	Fitness Assessment & Exercise Prescription	3.0	