

THE STUDENT FOOD PANTRY POINT SYSTEM



100 points per semester (up to 16 points per week)

Below are examples of items that can be obtained with your points:

1 Point Items – Individually Wrapped Items

- Granola Bars
- String Cheese
- Nuts
- Top Ramen
- Instant Oatmeal Packet
- Individual Cereal Packs
- Single Serving Beverages
- Travel Size Toiletries
- Individual Mac & Cheese
- Yogurt Cups
- Nutrigrain Bars
- Tuna Cans



2 Point Items – One Complete Meal



- Salads
- Soup
- Canned Vegetables
- Canned Fruit
- Tomato Sauce
- Regular Peanut Butter
- Toilet Paper Rolls

3 Point Items – Family Size/Multiple Meal Items

- Full Size Toiletries
- Large Jars
- Rice
- Pasta
- Peanut Butter
- Milk
- Boxed Milk (Soy)
- Dried Beans
- Bread
- Cheese
- Large Peanut Butter
- 2 Liter Juice



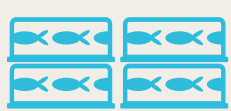
8 Point Items – Clothing Items

8 points per semester, 2 points per item



Students may take:

Up to four 1 point items



Up to three 2 point items



Up to two 3 point items



Up to four 8 point items



Depending on the category, each item may be worth 1, 2, or 3 points:

1 point = side dish or non-food item



Granola Bars



Canned tuna



Toiletries

2 points = items for one meal



Canned soup



Canned Fruit



Top Ramen

3 points = items for multiple meals



Pasta



Box of cereal



Dry beans